B. Using evidence

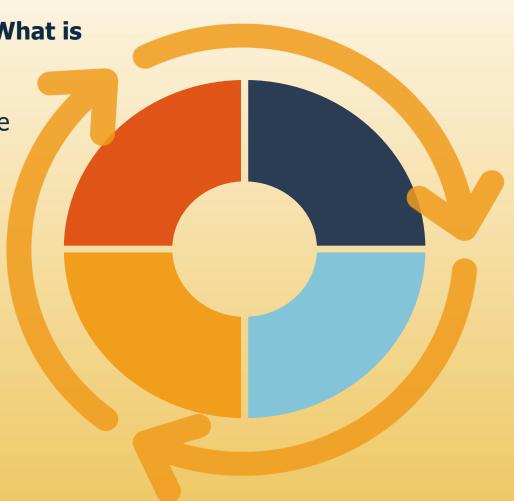
IDENTIFY and understand needs: What is

the need and how do you know?

Draw on the existing published literature

Client feedback or consultation

Explore service/intervention

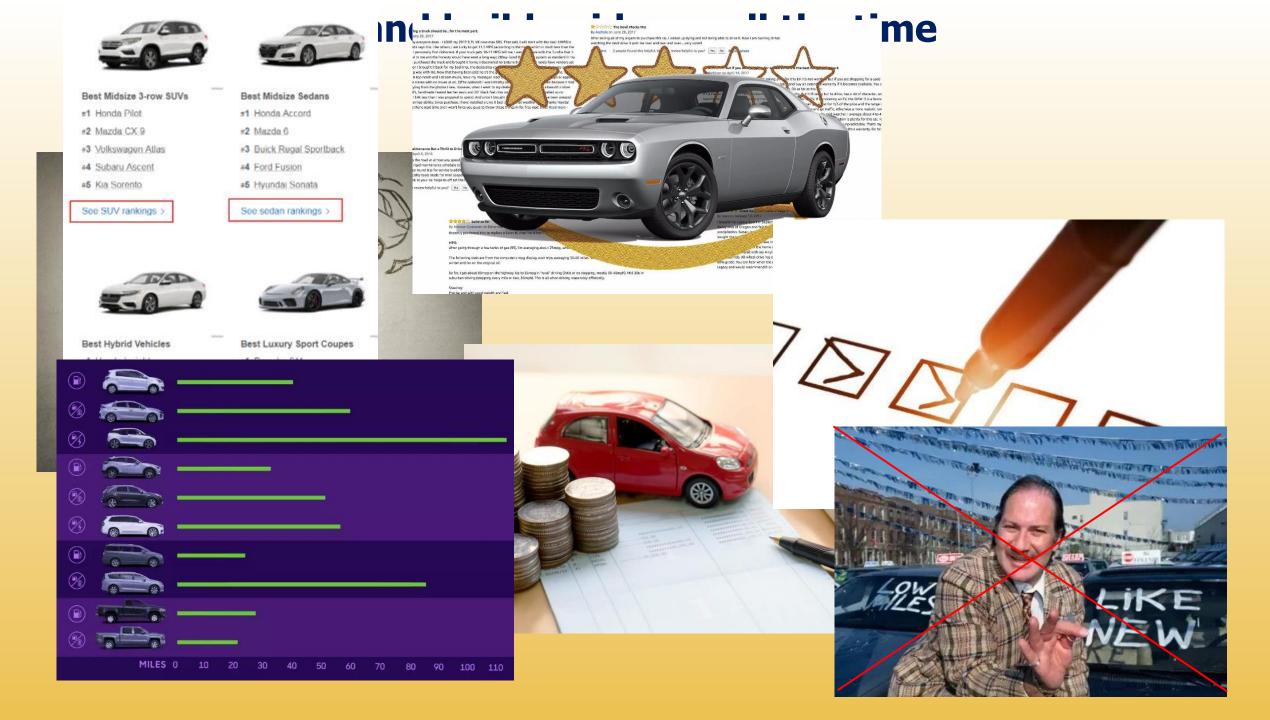


We use, share and build evidence all the time

Identify the things that are important to us

Look around for what is already known

Synthesise



Existing evidence



Evidence exists in:

- Organisation reports
- Policy documents
- Practice documents
- Legal documents
- Journal articles
- Clearinghouses
- Conference proceedings
- Theses
- Fact sheets



Evidence quality

WHAT IS THE SOURCE?

Type of publication reviewed article vs blog post

RELEVANCE

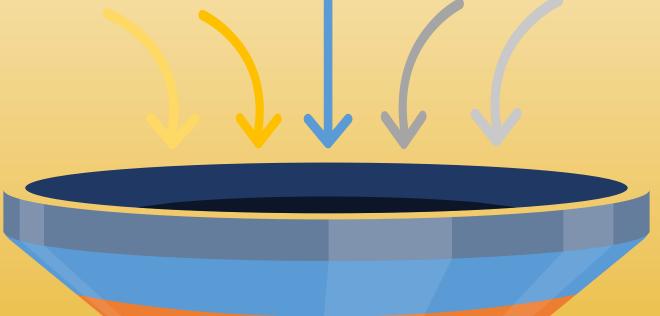
Is this evidence applicable to my population/group?

DOES IT MAKE SENSE?

Does it answer a question? Are the results and conclusions credible and logical?

RECENCY

Is it up-to-date information?



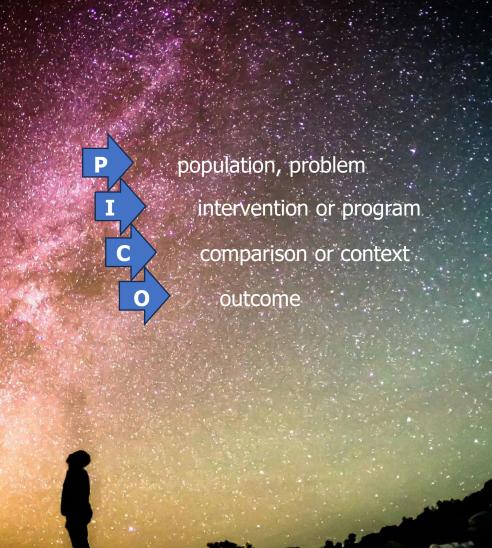
Start with a question

Be clear on:

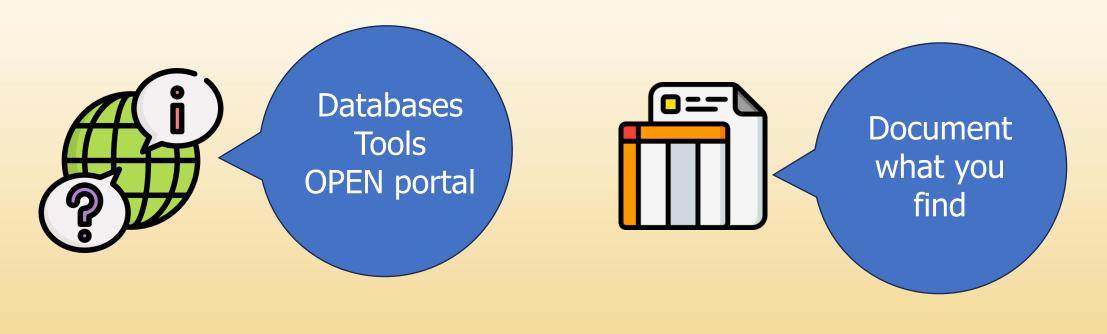
- Why do I need this information? (does it matter?)
- How will I use this information?
- What kind of information will answer my question?

Ask yourself:

- Who is this group of people?
- What is the issue/need?
- What would I like to change?



Searching for evidence





Takeaways



Designing your question is crucial



There are lots of databases and tools to help



Documenting your process and findings is key