

Victorian Early Parenting Centres Outcomes Framework

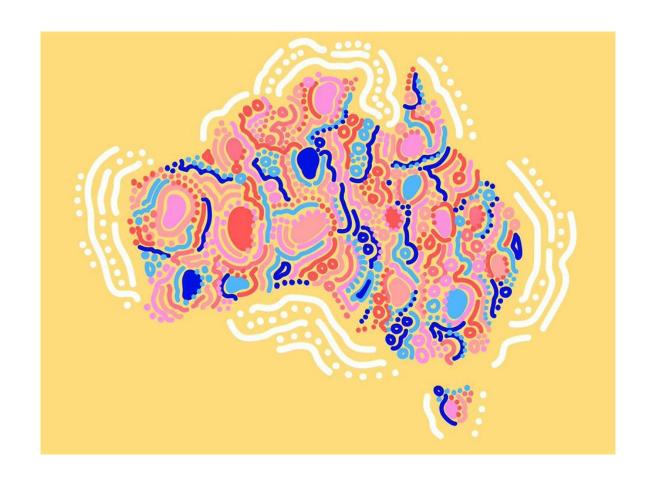






OPEN Symposium 26 October 2023

Acknowledgement







The Victorian Early Parenting Centres **Outcomes Framework**







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2022



Expanding Victoria's Early Parenting Centres Network

The number of Early Parenting Centres (EPCs) across the state is expanding from 3 to 13 centres.

The goal is to ensure all services operate as an effective network with:

- shared approaches to delivery
- a collaborative approach to quality and service, across the sector.

A key element identified for the expansion includes

Outcomes, data and reporting

We propose developing a common outcomes framework that would provide the basis for care planning and review, and ongoing quality improvement.

Key performance indicators for EPCs will be redeveloped to better identify whether needs are being met efficiently and effectively. We will also consider streamlining EPC client service reporting, and ways to bring EPC data systems into better alignment with maternal and child health and other health services.

Expanding Victoria's early parenting centre network 2019–24: strategic framework (Vic. Gov 2019)

The Queen Elizabeth Centre and Monash University Health and Social Care Unit were funded by the Department of Health to develop an Early Parenting Centres Outcomes Framework for the Victorian EPCs network.





Collaborative workshops and consultations

Conducted during 2021

Consumer Advisory Group

Parents

15 participants

Existing EPCs Workshops

Queen Elizabeth Centre
Tweddle Family Centre
O'Connell Family
Centre

57 participants

Topics:
Outcomes
Key result indicators
Measures and tools
Data - analysis and
reporting
Implementation

Health Providers
Workshops

Barwon Health Bendigo Health Monash Health

28 participants

Maternal Child Health Network Consultations

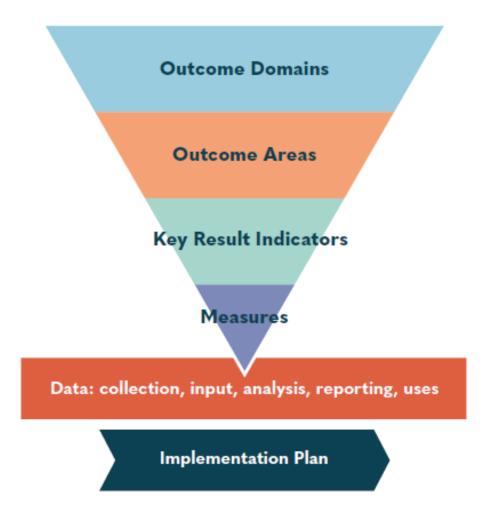
MCH staff
MCH Course providers

7 participants





Framework structure







Outcome Domains

Safe and **Health and** Growth Connection Learning Wellbeing Secure Education Development: Mental health Safety Relationships Skills Cognitive, Early Parenting Security Physical, Social, intervention Family Diversity Knowledge Emotional, functioning Sleep Awareness Access **Psychological** Self-care Communication Confidence Space Behaviour

Pregnancy

Postpartum

Support

Trauma

Breast feeding

Socialisation

Attachment

Play

Networks

Referrals

Trust

Care

Culture

Partnerships

Full framework includes:
Outcomes areas
Key Result
Indicators
Measures and tools



Strategies

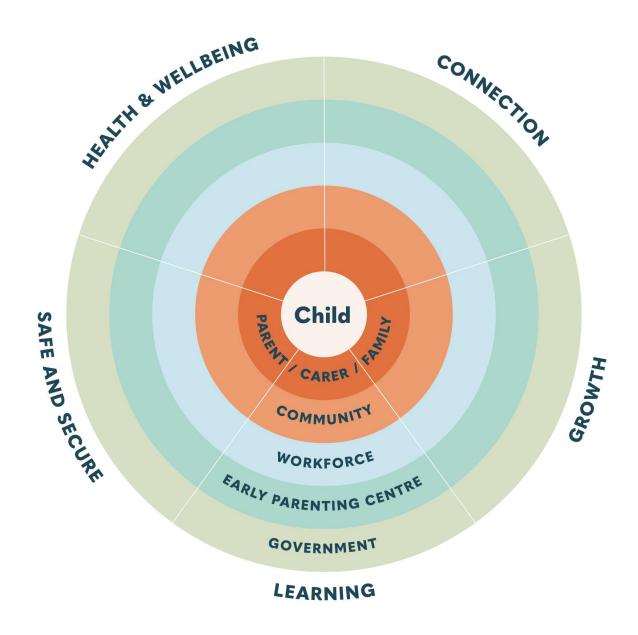
Expectations

Empowerment

Motivation



EPC Outcomes Framework







Socio- ecological Level	Outcomes					
	Health and Wellbeing	Connection	Growth	Learning	Safe and Secure	
Child	Children are healthy and well	Children are nurtured, engaged and supported	Children are constantly developing	Children have skills and knowledge to be successful learners and teachers	Children are safe and secure	
Parent/Carer/ Family	Families are healthy and well	Families are nurtured, engaged and supported	Families and children are developing together	Families have skills and knowledge to be successful learners and teachers	Families are safe and secure	
Community	EPCs and communities together support health and wellbeing	EPCs and communities together nurture, engage and support families	EPCs and communities together support child and family development	EPCs and communities together contribute to learning success	EPCs and communities together are safe and secure	
Workforce	Workforce is healthy and well	Workforce is nurtured, engaged and supported	Workforce is developing together and with families	Workforce has skills and knowledge to be successful learners and teachers	Workforce is safe and secure	
EPC	EPC environments are healthy	EPCs nurture, engage and support families, staff and community	EPC environments support child, family and workforce development	Early Parenting Centres contribute to learning success	EPC environments are safe and secure	
Government	Governments support the health and wellbeing of children and families	Governments support and engage communities, EPCs and families	Governments support EPCs and communities to promote child, family and workforce development	Governments contribute to child, family and EPC learning success	Governments support safe and secure environments for families, the workforce and the community	





Table 1. Health and Wellbeing Outcome Domain

Socio-ecological Level Outcomes	Outcome Area	Key Result Indicator	Measure/Tool
Child Children are healthy and well	Mental and emotional wellbeing	Increase mental and emotional wellbeing, by decreasing risk factors and increasing protective factors	Karitane Parenting Confidence Scale Family Violence Screening and Identification Pre-Admission Form (PAF) Newborn Observation*
	Physical health including sleep and nutrition	Increase physical health	Child Family Action Plan Karitane Parenting Confidence Scale Immunisation status Feed and sleep chart Child review Breastfeeding status Family Violence Screening and Identification Pre-Admission Form (PAF)
Parent/Carer/ Family Families are healthy and well	Mental health and emotional wellbeing	Increase support of mental health and emotional wellbeing Identify and refer to health professionals	Child Family Action Plan Depression Anxiety Stress Scale (DASS) Family Violence Screening and Identification Links/referrals to other support services Pre-Admission Form (PAF) Edinburgh Postnatal Depression Scale (EPDS)* Antenatal Risk Questionnaire* Karitane Family Outcomes Tool* Difficult Life Circumstances (DLC)*
	Physical health including: Ante and post-natal care Breast feeding Sleep	Increase support of healthy eating and active lifestyle strategies Decrease smoking, drug and alcohol use	Links/referrals to other support services. i.e QUIT, GP, allied health and community services Family Violence Screening and Identification Pre-Admission Form (PAF) Community Life Skills (CLS)* Difficult Life Circumstances (DLC)*
	Wellbeing	Increase sense of wellbeing	Personal Wellbeing Index
Community EPCs and communities together support health and wellbeing	Early intervention and preventive health care (physical and emotional)	Increase early intervention and preventive care integrated across services	Links/referrals between services Service partnerships





Table 1 Continued. Health and Wellbeing Outcome Domain

Socio-ecological Level Outcomes	Outcome Area	Key Result Indicator	Measure/Tool	
Workforce Workforce is healthy and well	Mental and emotional wellbeing	Increase support of mental health and emotional wellbeing	People Matter Survey No. of reflective practice and supervision sessions EAP usage	
	Wellbeing	Increase sense of wellbeing	People Matter Survey	
	Physical health	Increase physical health	Immunisation rates Engagement in staff health and wellbeing program	
Early Parenting Centre Early Parenting	Workplace culture	Increase positive beliefs, interactions, behaviors, and attitudes in the workplace	People Matter Survey	
Centres environments are healthy	Early intervention and preventive health care (physical and emotional)	Increase support for workforce and families to engage in preventive health care	Links/referrals Employee Assistance Program (EAP) usage	
		Referrals to appropriate support for staff and families		
Government Governments support the health	Federal government	Children and families are healthy and well	Services aligned to: National Safety and Quality Health Care Standards (NSQHS)	
and wellbeing of children and families	State government	Children and families are healthy and well	Service outcomes aligned to: Victorian Public Health and Wellbeing Plan Human Services Standards Best Interests Framework	
		Children have a strong sense of wellbeing	Service outcomes aligned to: Victorian Public Health and Wellbeing Plan	
		Safe, effective child/family centred care	Services aligned to: Safer Care Victoria Clinical Governance Framework Victorian Child Safe Standards Mandatory Reporting Best Interests Framework Client Voice Framework for Community Services	





Logic Model











Child/Family	Community	Workforce	EPCs	Government
Development	Integrated services	Workforce development	Model of Care	Funding model
Relationships		·	Data:	
		Training	collection,	Standards
Access			analysis	
services			reporting, use	
4				

OUTCOMES FRAMEWORK

INPUTS

Resources
Environments
Professional workforce
Funding
Research and evidence

OUTPUTS

Programs
Support and information
Caregivers/Parents
Children

OUTCOMES

Health and Wellbeing Connection Growth Learning Safety





Implementation Planning







Implementation Owners

Local EPC Implementation Teams

Senior EPC staff to guide and support local implementation

Representing:

- Clinical practice
- People and Culture
- Education
- Information and Technology
- Finance
- Quality
- Risk and safety

Community of Practice

Key representatives from each EPC to share:

- Learnings
- Information
- •Ideas
- Skills

Ensuring consistency and fidelity

New EPCs to join as they become established State-wide Implementation Support

Department of Health to support implementation through provision of

- Guidance
- Resources
- Materials

Partnering with existing EPCs in the development of resources and materials





Planning Strategies

Implementation goal 1: To successfully plan for the implementation of the Outcomes Framework

Consideration of planning elements including leadership, knowledge, internal reviews, and stakeholder and consumer engagement.

Collectively these provide a strong foundation for the implementation of the Outcomes Framework. These strategies have the capacity to influence and promote positive communication, culture, leadership and vision in the adoption of the Outcomes Framework in EPCs.

Implementation approaches

- Leadership
- Readiness
- Knowledge
- Stakeholder engagement





Education Strategies

Implementation goal 2: To have the resources and support to educate and inform staff, consumers, community members and stakeholders about the Outcomes Framework and how it will be utilised in practice.

Embedding the Outcomes Framework into practice will involve: scoping existing training and practices, developing resources, preparing and delivering training, supporting translation to practice and establishing EPC Communities of Practice. These elements will influence building staff confidence and capability, embedding the measures, and contribute to sustaining the use of the framework.





Education Strategy

Implementation approaches

- Scope current enablers
- Scope clinical practice requirements
- Prepare clinical practice resources
- Prepare and deliver training
- Supporting translation to practice
- EPC Community of Practice





Data and Monitoring Strategies

Implementation goal 3: To ensure outcomes data, reporting and monitoring is consistent, accessible, streamlined and readily used across all levels of the Outcomes Framework.

A range of data and monitoring approaches
/ elements will enable the review of systems
and alignment of the Outcomes Framework in
existing systems; development of systems and
tools; recording, translating and reporting of data
and supports required. Collectively these will
ensure interpretation, consistency and fidelity of
outcomes being measured, and contribute to the
understanding of the impact of EPCs.

Implementation approaches

- Review and align
- Systems and tools
- Data recording, translating and reporting
- Support





Phase 1: 0 -6 months

Establish implementation owners: Local Implementation Team, Community of Practice and State-wide Implementation Support

Implementation strategies:

Planning - all activities

Education - all activities

Data and monitoring – review and align activity

Evaluate implementation

Phase 2: 6 – 12 months

Implementation of:

- Data and monitoring strategies
- Training plan
- Clinical Practice Framework

Begin data collection, reporting and analysis

Identify what's working and barriers to success

Evaluate implementation

Phase 3: 12 months+

New EPCs joining the EPC network

- Join Community of Practice
- Review and align Phase 1 and 2 implementation strategies to local context
- Implementation of Phase 2

Evaluate implementation

6 Month Implementation Progress Report 12 Month Implementation Progress Report



