

Program Snapshots

Initial Assessment Process

Thursday 10th February
12pm-1pm

PLEASE NOTE:

Detailed notes that accompany the following slides, can be requested if required, via emails below:

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Keeping Families Safe Program **Initial Assessment Process**

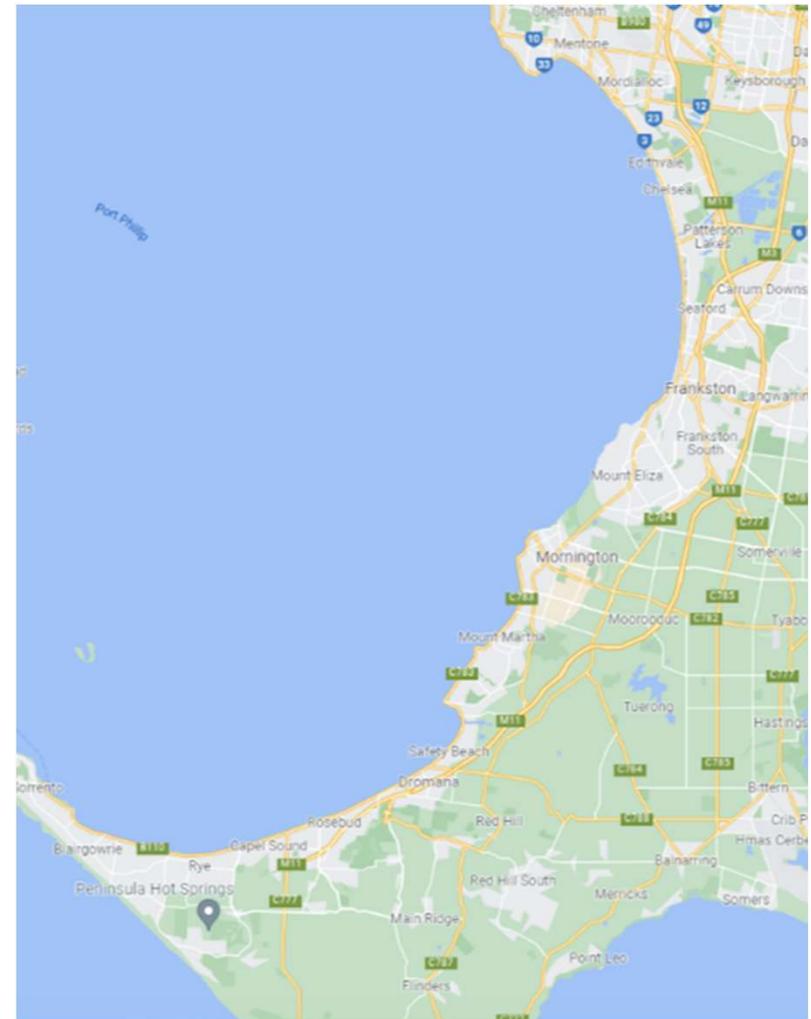
10th February 2022

KFS Catchment

Cheltenham/Chelsea

Frankston

Rosebud/Hastings



KFS Criteria and Program Information

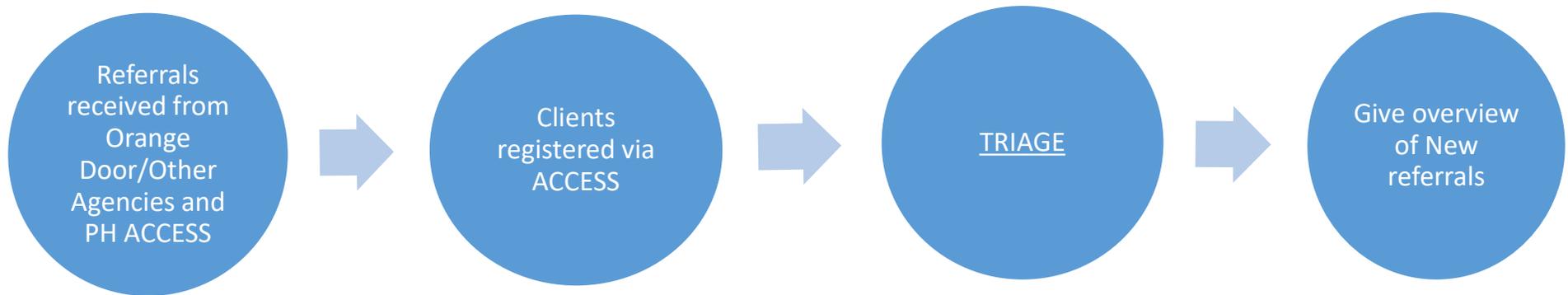
KFS Criteria and Program Info

- Client age group of 12 – 18 years
- No ongoing intimate partner Family Violence of parents/carers residing in same household
- Families living within catchment area or who can travel.
- KFS Team consists of 4 EFT
- KFS is a free service and is voluntary
- Focus on safety planning and risk reduction, using an integrated FV response.
- Program provides: Case management, Family Therapy, Case work e.g. one-to-one work with parent and/or young person, and outreach. Current group for parents and carers delivered on-line
- Referrals received generally via PH ACCESS or Orange Door, - directly from Schools, Child Protection, DoJ, Family Support Agencies, Youth services, families can also self-refer.

KFS Cohort

- Recently seen an increase in referrals for younger age children.
- Increased complexity of pre-existing disorders and disabilities i.e. ASD, ID, ADHD, Mental Health and Trauma.
- Typical profile of YP would include social anxiety, gaming and school avoidance, drug use.
- Majority of clients male (60/40% male to female ratio)
- Majority of referrals from areas identified as disadvantaged
- We identify intergenerational trauma, AOD, sexual abuse and typically, lengthy history with multiple agency involvement
- Majority of families are sole parent, usually by the mother

How Referrals Come to KFS



Triage

Initial contact
with family

Phone/SMS/Email

Set up
Appointment

Initial Assessment



Assessment Forms

This link leads to the Step-Up curriculum for group facilitator.

KFS Assessment forms and safety plans were adapted from the curriculum

- <https://kingcounty.gov/~media/courts/superior-court/docs/juvenile/stepUp/documents/TeenFacilitatorManual.aspx?la=en>

Called you names?

Gave you threatening looks or stares?

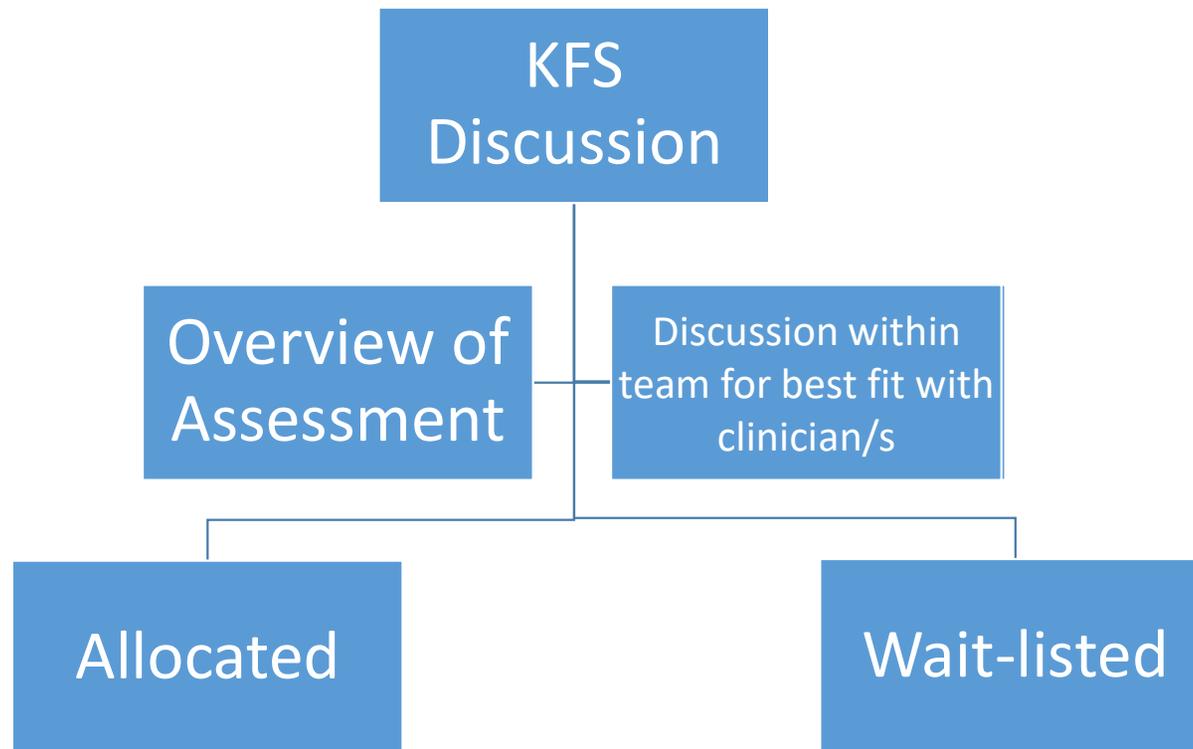
Pushed, shoved or grabbed you?

Threatened their brothers or sisters?

How would you rate your safety in the presence of your adolescent?

What level of control do you think your adolescent has over their anger?

KFS Allocation Meeting



KFS Allocation Meeting

Wait-listed/Active holding

Offered Online Parent Group

Review post group

Allocated

Initial Engagement

Complex case nominated for
team reflective practice
session

Allocated Referral to Clinician

Initial Appointment

Readiness of Parent/Carer and Young Person

Determine relevant services involved

Connect with other services

Attend/Ensure care team meetings occur

Clarification of roles within care team

Initial Meeting with Young Person

First Meeting

Consent

Adolescent/
Safety Plan

Closure Documents and Process

Assertive
Discharge
Letter



Discharge
Summaries



Discharge
Letter



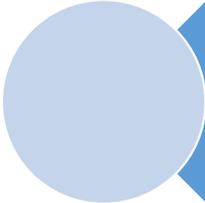
Therapeutic
Letter

Record Keeping

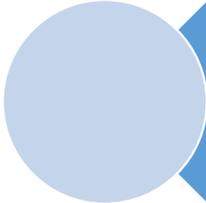
Client Documents
stored on PH Digital
Medical Records
(DMR) system

Service activity recorded
on IRIS, Program
required by the funding
body DFFS

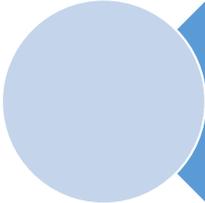
Theories Underpinning Practice



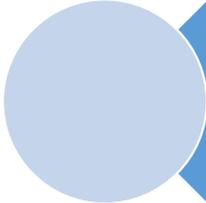
Strengths
Focused



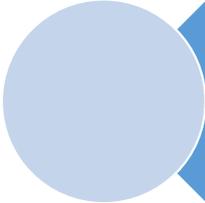
Intersectionality



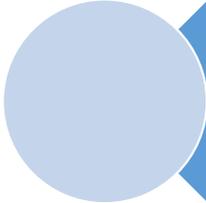
Trauma Lens



Systemic Theory



Feminist Family
Violence Lens



Family Therapy

Further Questions

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