

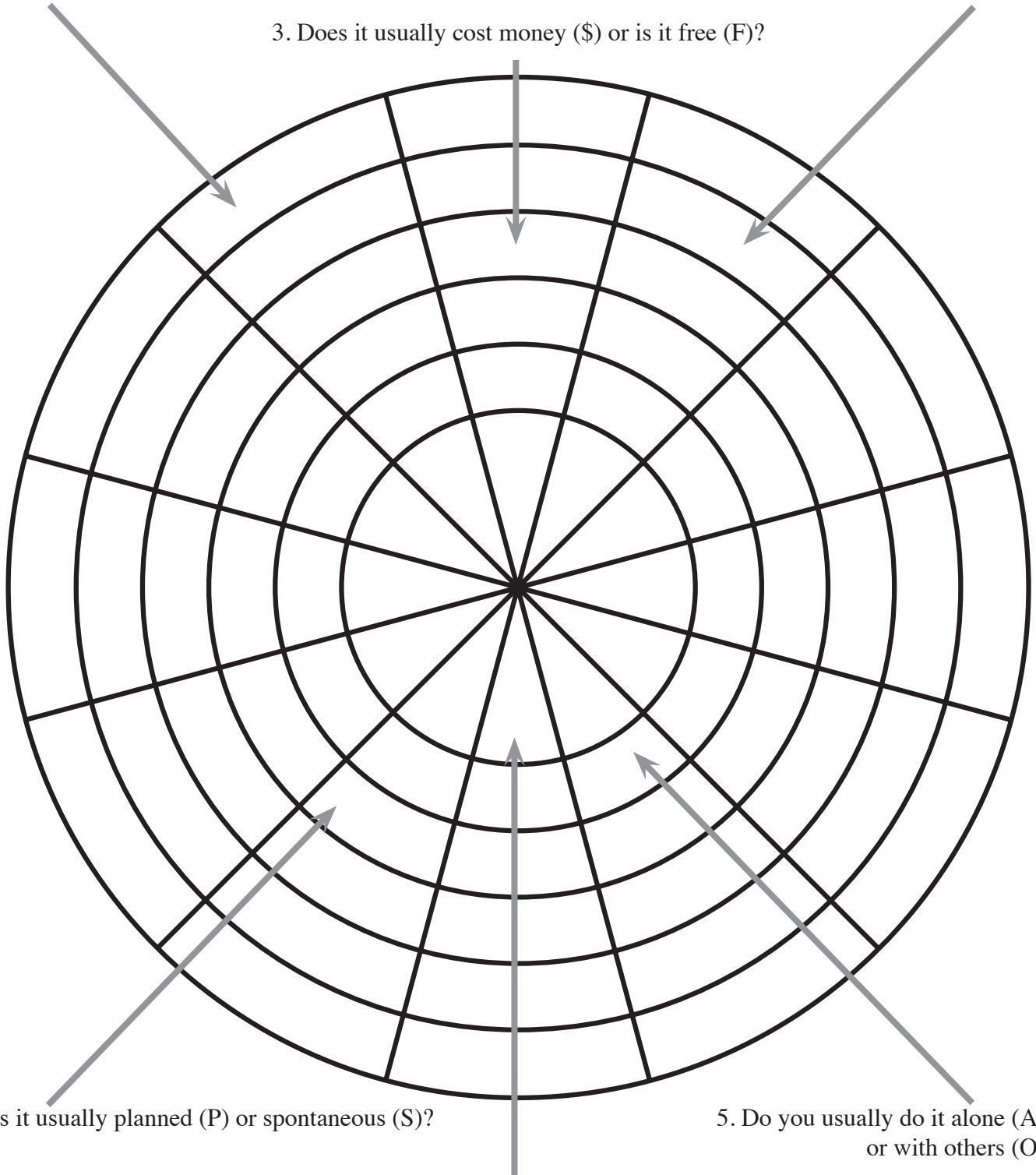
# Favourite Things

(Adapted from Hope-Filled Engagement and Guiding Circles).

1. What are up to 12 things you like to do?

2. How long since you last did each of these?

3. Does it usually cost money (\$) or is it free (F)?



4. Is it usually planned (P) or spontaneous (S)?

5. Do you usually do it alone (A)?  
or with others (O)?

6. Does it involve mind (M), body (B), spirit (S), emotion (E) or a combination?